

Updated COVID-19 Guidelines



Source CDC 08/11/2022	COVID -19 PROTOCOL	
Exposed Regardless of Vaccine Status No Symptoms	Exposed Regardless of Vaccine Status	Directives
No longer need to quarantine, wear a high-quality mask for 10 days and get tested on Day 5 from known date of exposure.	If you get sick or suspect you have COVID-19 and don't have test results yet	ISOLATE
	Positive results: Full Isolation for 5 days, most infectious during first 5 days.	Negative results: end Isolation
	After 5 days fever free for 24 hours without medication and symptoms are improving or never had symptoms	End Isolation

Recommendations		
COVID Illness Experience	Symptoms representative of COVID-19 illness experience	Directive
Moderate illness	Experienced shortness of breath or difficulty breathing	Isolate through day 10
Severe illness	Hospitalized or have a weakened immune system	
If COVID symptoms worsen		Restart isolation at day 0, seek medical attention
Asymptomatic	No longer requires screening or retesting	