



COVID-19 Changes this Month



The Centers for Disease Control and Prevention unveiled significant changes on August 11th as part of a sweeping effort to overhaul the agency's COVID-19 guidance.

"This guidance acknowledges that the pandemic is not over, but also helps us move to a point where COVID-19 no longer severely disrupts our daily lives," CDC's Greta Massetti said in a statement announcing the changes.

Among the biggest differences in the new recommendations:

- The CDC's COVID-19 prevention guidance will no longer differentiate by whether people are up-to-date on their vaccinations.
- Testing to screen for COVID-19 will no longer be recommended in most places for people who do not have COVID symptoms.
- The CDC says people who have tested positive for COVID-19 can stop wearing masks if their symptoms have improved and they test negative twice in a row — initially on the sixth day after their infection began, and then again on the eighth day.
- And the CDC says that "to limit social and economic impacts, quarantine of exposed persons is no longer recommended, regardless of vaccination status."

The CDC told reporters on August 11th that the recommendations are being revised to simplify the myriad of federal COVID-19 guidance into an easier "framework."

Please visit CDC link for more information:

[Isolation and Precautions for People with COVID-19 | CDC](#)